



CLUB INTERCONTINENTAL®

Good Morning, welcome to Club InterContinental
7 days a week from 6:30am to 9pm

Weekday breakfast / 6:30am to 10am
Weekend breakfast / 6:30am to 11am

Afternoon Tea Service from 2:00pm - 4:00pm

Evening Service 5:30pm - 7:30pm

FROM THE KITCHEN

Healthy Bowl *V, NF, H, GF*

Roasted pumpkin, mushrooms, rice, spinach, spring onion, edamame, miso dressing, sunny-side-up eggs

Classic Benedict *NF*

Free range poached eggs, baby spinach, hollandaise, English muffin
Add on: ham or smoked salmon
Gluten-free option available upon request

Eggs Your Way *NF*

Served how you choose, paired with toast and your choice of side;
Chicken Sausages
Bacon
Tomatoes
Mushrooms
Potato Rosti *CG*

Buttermilk Pancakes *V*

Berry compote, whipped cream, with toasted almond flakes

Homemade Bircher Muesli *V*

Served with yoghurt and fresh berries

Brookfarm Coconut Granola *V, H, GF*

Choice of natural, low fat, fruit or coconut yoghurt
Fresh seasonal berries

KIDS MENU

Pancakes *V*

Served with ice cream and maple syrup

Eggs Your Way *V*

Eggs of your choice on white toast with potato rosti

Porridge *V*

Made with your choice of milk or water

*V - Vegetarian NF - Nut Friendly GF - Gluten Friendly DF - Dairy Friendly
CG - Contains Gluten H - Healthy Option*

BUFFET MENU

Bakers Section *V*

Selection of breads including sourdough, whole meal, multi grain, rustic white and gluten free
Freshly baked danishes, croissants and mini muffins

Cereal Bar *V*

All natural, Australian made Brookfarm cereals with choice of milk and toppings
Gluten-free option available

Natural, Low-fat, Flavored Yoghurt's and Bircher Muesli *V*

Local Australian Cheese *V*

18-24 month aged Maffra cloth aged cheddar, Tarago River brie, Tarago River Shadows of Blue, Lavosh crackers, grapes, walnuts and dried fruits

Salad Bar *V, DF, GF*

Selection of greens, seasonal vegetables, grains and sprouts
Dressings - Italian, Balsamic, Ranch, Rio Vista EVOO

Seasonal Fruits *V, DF, GF, NF*

Freshly sliced fruits and fruit salad

Cold Meats and Fish *DF, NF*

Selection on cold meats and Tasmanian smoked salmon, served with pickles, mustard, red onion and capers

BEVERAGES

Options:

Cappuccino
Latte
Flat White
Long Black
Espresso
Hot chocolate
Chai latte

Pressed Juice:

Orange
Apple
Tropical Fruits

Tea:

English Breakfast
Earl Grey
Green Tea
Chamomile
Vanilla Rooibos

Milk selection:

Full cream milk
Skim milk
Soy, Almond or Oat
Lactose-free

If you have any special requests/dietaries please ask one of our friendly staff for more options.

Club InterContinental offers a selection of complimentary All Day Snack items served during operating hours. Please ask one of our Club Lounge Attendants for more information.